

TEAM GUIDE

FIS NORDIC JUNIOR WORLD SKI CHAMPIONSHIPS
FIS U₂₃ WORLD SKI CHAMPIONSHIPS CROSS-COUNTRY

PLANICA 2024





FIS* NORDIC JUNIOR WORLD SKI CHAMPIONSHIPS U23 WORLD SKI CHAMPIONSHIPS CROSS-COUNTRY

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1. COMPETITION PROGRAMME

CROSS-COUNTRY SKIING*

Saturday, 03/02/2024			
18:00 h	Women/Men	Info Meeting	Junior/U23
Sunday, 04/02/2024			
11:00 h	Women/Men	Official Training Sprint	Junior
16:00 h	Women/Men	Team Captains Meeting	Junior
Day 1: Monday, 05/0	02/2024		
10:30 h	Women/Men	Sprint F Qualification	Junior
13:00 h	Women/Men	Sprint F Finals	Junior
15:00 h	Women/Men	Official Training Sprint	U23
18:00 h	Women/Men	Team Captains Meeting	U23
Day 2: Tuesday, 06/	N2/2N2/	·	
10:30 h	Women/Men	Sprint F Qualification	U23
13:00 h	Women/Men	Sprint F Finals	U23
15:30 h	Women/Men	Official Training Mass Start F	Junior
19:30 h	Women/Men	Team Captains Meeting	Junior
		ream Captains Meeting	Julioi
Day 3: Wednesday,			
09:00 h	Women/Men	Official Training Mass Start F	U23
11:15 h	Women	20 km Mass Start F	Junior
13:30 h	Men	20 km Mass Start F	Junior
17:00 h	Women/Men	Team Captains Meeting	U23
Day 4: Thursday, 08	3/02/2024		
11:15 h	Women	20 km Mass Start F	U23
14:00 h	Men	20 km Mass Start F	U23
16:00 h	Women/Men	Official Training 10 km C	Junior
18:00 h	Women/Men	Team Captains Meeting	Junior
Day 5: Friday, 09/02	/2024		
10:00 h	Women	10 km Individual C	Junior
11:45 h	Men	10 km Individual C	Junior
13:00 h	Women/Men	Official Training 10 km C	U23
18:00 h	Women/Men	Team Captains Meeting	U23
Day 6: Saturday, 10/	/02/2024		
	Women/Men	Official Training Mixed Relay	Junior/U23
11:00 h	Women	10 km Individual C	U23
13:00 h	Men	10 km Individual C	U23
18:00 h	Women/Men	Team Captains Meeting	Junior/U23
Day 7: Sunday, 11/0	2/2024		
10:00 h	Women/Men	4x5 km Mixed Team Relay C	/FJunior
12:00 h	Women/Men	4x5 km Mixed Team Relay C	

^{*}Subject to change







NORDIC COMBINED*

Day 1: Monday, 05	/02/2024	
20:00 h	Women	Team Captains Meeting/Info Meeting
20:30 h	Men	Team Captains Meeting/Info Meeting
Day 2: Tuesday, 06		000 1 17 1 1 1 10 100 (0
09:00 h	Women	Official Training HS 102 (3 rounds)
10:30 h	Men	Official Training HS 102 (3 rounds)
14:30 h	Women/Men	Official Training Cross Country
16:00 h	Women/Men	Team Captains Meeting
Day 3: Wednesday	, 07/02/2024	
09:00 h	Women/Men	Mixed Team Trial Round HS 102
09:45 h	Women/Men	Mixed Team Competition Round HS 102
15.45 h	Women/Men	Mixed Team Cross Country Race (2x5 km, 2x2,5 km)
Day 4: Thursday, 0	08/02/2024	
09:00 h	Women	Official Training (1 round), PCR HS 102
10:30 h	Men	Official Training (1 round), PCR HS 102
15:30 h	Women/Men	Official Training Cross Country
17:00 h	Women/Men	Team Captains Meeting
Day 5: Friday, 09/0	2/2024	
09:00 h	Women	Trial Round Individual Gundersen HS 102
09:30 h	Women	Competition Round Individual Gundersen HS 102
10:30 h	Men	Trial Round Individual Gundersen HS 102
11:30 h	Men	Competition Round Individual Gundersen HS 102
14:30 h	Women	5 km Individual Gundersen
15:15 h	Men	10 km Individual Gundersen
16:30 h	Women	Team Captains Meeting
Day 6: Saturday, 1	0/02/2024	
09:00 h	Women	Trial Round Team Sprint HS 102
10:00 h	Women	Competition Round Team Sprint HS 102
15:00 h	Women	2x4,5 km Team Sprint
17:00 h	Men	Team Captains Meeting
Day 7: Sunday, 11/	/n2/2n2/	
08:30 h	Men	Trial Round Team Sprint HS 102
09:15 h	Men	Competition Round Team Sprint HS 102
14:00 h	Men	2x7,5 km Team Sprint
14.00 11		ZATJO MIT TOMIT OPTITIE

^{*}Subject to change







SKI JUMPING*

Day 1: Monday, 05/	N2/2N24	
11:00 h	Women	Team Captains Meeting/Info Meeting
17:00 h	Women	Official Training HS 102 (2 rounds)
19:00 h	Men	Team Captains Meeting/Info Meeting
		. cam captains mosting into mosting
Day 2: Tuesday, 06/	/02/2024	
14:00 h	Women	Official Training HS 102 (2 rounds)
16:30 h	Men	Official Training HS 102 (2 rounds)
Day 3: Wednesday,	07/02/2024	
13:00 h	Men	Official Training HS 102 (2 rounds)
15:30 h	Women	Trial Round HS 102
17:00 h	Women	Individual Competition HS 102
19:00 h	Women	Team Captains Meeting
Day 4: Thursday, 08	8/02/2024	
14:00 h	Women	Official Training HS 102 (2 rounds)
15:30 h	Men	Trial Round HS 102
17:00 h	Men	Individual Competition HS 102
19:00 h	Men	Team Captains Meeting
Day 5: Friday, 09/02	2/2024	
13:30 h	Men	Official Training HS 102 (2 rounds)
16:00 h	Women	Trial Round HS 102
17:00 h	Women	Team Competition HS 102
Day 6: Saturday, 10	/02/2024	
15:00 h	Men	Trial Round HS 102
16:30 h	Men	Team Competition HS 102
19:00 h	Women/Men	Team Captains Meeting
Day 7: Sunday, 11/0	02/2024	
14:00 h	Women/Men	Trial Round HS 102
15:30 h	Women/Men	Mixed Team Competition HS 102
*Subject to change		

1.1. INFO MEETINGS

Cross-Country: Saturday 3rd February 2024 at 18:00, Conference room, Round building (-3 level)

1.2. TEAM CAPTAINS MEETING

All TCM's for Cross-Country Skiing will be held in conference room in the round building, level -3. All TCM's for Nordic Combined and Ski Jumping will be held in building Čaplja.







CROSS COUNTRY SKIING

DATE	TIME		LOCATION
Saturday, 3/2/2024	18:00	Jr/U23	Conference room, -3 level (round building)
Sunday, 4/2/2024	16:00	Junior	Conference room, -3 level (round building)
Monday, 5/2/2024	18:00	U23	Conference room, -3 level (round building)
Tuesday, 6/2/2024	19:30	Junior	Conference room, -3 level (round building)
Wednesday, 7/2/2024	17:00	U23	Conference room, -3 level (round building)
Thursday, 8/2/2024	18:00	Junior	Conference room, -3 level (round building)
Friday, 9/2/2024	18:00	U23	Conference room, -3 level (round building)
Saturday, 10/2/2024	18:00	Jr/U23	Conference room, -3 level (round building)

SKI JUMPING

DATE	TIME		LOCATION
Monday, 5/2/2023	11:00	Women	Building Čaplja
Monday, 5/2/2024	19:00	Men	Building Čaplja
Wednesday, 7/2/2024	19:00	Women	Building Čaplja
Thursday, 8/2/2024	19:00	Men	Building Čaplja
Saturday, 10/2/2024	19:00	Women/Men	Building Čaplja

NORDIC COMBINED

DATE	TIME		LOCATION
Monday, 5/2/2024	20:00	Women	Building Čaplja
Monday, 5/2/2025	20:30	Men	Building Čaplja
Tuesday, 6/2/2024	16:00	Women/Men	Building Čaplja
Thursday, 8/2/2024	17:00	Women/Men	Building Čaplja
Friday, 9/2/2024	16:30	Women	Building Čaplja
Saturday, 10/2/2024	17:00	Men	Building Čaplja





2. VENUES AND FACILITIES

SKI JUMPING STADIUM



CROSS-COUNTRY STADIUM





SPORT AREAS



CROSS-COUNTRY COURSES

For the Cross-Country courses please see the link below.

https://www.planica.si/uploads/msp_planica_2024/planica_2024_-_track_map_v5.pdf

3. COMPETITION OFFICE OFFICE

SKI JUMPING STADIUM

The Nordic Combined Main Competition Office and the Ski Jumping Competition Office will be in Ski Jumping Team Area. Starting bibs for Ski jumping and Nordic Combined (SJ) will be collected there.

Opening hours:

Sunday,	Monday,	Tuesday,	Wednesday,
4/2/2024	5/2/2024	6/2/2024	7/2/2024
8:30-	8:30-	8:30-	8:30-
19:00	19:00	19:00	19:00



Thursday,	Friday,	Saturday,	Sunday,
8/2/2024	9/2/2024	10/2/2024	11/2/2024
8:30-	8:30-	8:30-	8:30-
19:00	19:00	19:00	19:00

CROSS-COUNTRY STADIUM

The Cross-Country Competition Office will be located at the Cross-Country Stadium, next to the Team Area in lower floor (level -1) of the Stadium building. Starting and training bibs for Cross-Country and Nordic Combined (CC) will be collected there.

Opening hours:

Saturday,	Sunday,	Monday,	Tuesday,	
3/2/2024	4/2/2024	5/2/2024	6/2/2024	
8:00-	8:00-	8:00-	8:00-	
18:00	18:00	18:00	18:00	
Wednesday,	Thursday,	Friday,	Saturday,	Sunday,
7/2/2024	8/2/2024	9/2/2024	10/2/2024	11/2/2024

Wednesday,	Thursday,	Friday,	Saturday,	Sunday,	
7/2/2024	8/2/2024	9/2/2024	10/2/2024	11/2/2024	
8:00-	8:00-	8:00-	8:00-	8:00-	
18:00	18:00	18:00	18:00	18:00	

4. MEALS

Lunch will be served to all athletes, officials and team staff at the venue (no lunch service will be provided in the hotels).

Teams booking their own accommodation are not entitled to free meals at the venue. Lunch will be available for purchase, the price is 20 EUR. It can be ordered and paid at the venue in Cross - Country Competition office by Mirjam Žerjav at least 1 day prior to the next day. Lunch will be available after the payment and receiving the coupons.

The OC will organize lunch for all teams at the venue starting from Saturday, 3rd February 2024 on.



ATHLETES RESTAURANT (-1 level, Round building)



5. ACCREDITATION

ACCREDITATION CENTRE

Accreditation Centre will be located in Hotel Kompas in Kranjska Gora, 1st floor.

To obtain an accreditation for the FIS Nordic Junior / U23 Cross-Country World Ski Championships Planica 2024 it is mandatory for all participants to register through OC Planica Accreditation System.

The registration must be done via following link:

https://accreditations.planica.si/en/event-registration?evid=NA%3D%3D&cid=NjE%3D&mltp=1

Obligatory information for every participant is their first and last name, a current photo on which the faceis clearly visible, date of birth and their function.

Accreditations will be in use and must always be worn visibly from 3rd February 2024 onwards at all venues in Planica.

Should the accreditation be lost or stolen, notification must be made immediately to the accreditation office at the Hotel Kompas. The fee for issuing a new accreditation is 50 €. Misuse of accreditation willbe prosecuted.





Opening hours:

Friday,	Saturday,	Sunday,	Monday,	Tuesday,
2/2/2024	3/2/2024	4/2/2024	5/2/2024	6/2/2024
8:00-	8:00-	8:00-	8:00-	8:00-
17:00	17:00	17:00	17:00	17:00
Wednesday,	Thursday,	Friday,	Saturday,	
7/2/2024	8/2/2024	9/2/2024	10/2/2024	

Contact:

E-mail: accreditation.planica@sloski.si

ACCREDITATION SCHEME





6. TRANSPORTATION

SHUTTLE SERVICE

The LOC will provide a shuttle service free of charge upon request between Planica venue and the OC official team hotels.

Contact:

E-mail: transport.planica@sloski.si

Phone: 00 386 31 446 087

Teams booking their own accommodation are responsible to arrange their own transportation. The OC does not have to provide a shuttle service for these teams. (FIS Rules 13.2)

6.1. TRANSPORT SERVICES - PRICE LIST

TRANSFER TO PLANICA (ONE WAY)

FROM	Price per VEHICLE*		
Tarvisio	60,00 €		
Villach	90,00 €		
Kranjska Gora	40,00 €		

^{*}Prices are subject to change in case of oversized luggage

TRANSFER TO PLANICA (ONE WAY)

	Price per Bus*				
FROM	ROM Capacity 20 pax				
Tarvisio	160,00€	210,00 €			
Villach	250, 00 €	300,00 €			
Kranjska Gora	100, 00 €	150,00€			

^{*}Prices are subject to change in case of oversized luggage

AIRPORT TRANSFER

		Price per vehicle*	Price per BUS*		
Airport	Destination		Capacity 20 passengers	Capacity 50 passengers	
Ljubljana	Kranjska Gora	160,00€	320,00 €	400,00€	
Zagreb	Kranjska Gora	410,00€	700,00 €	900,00€	
Venice	Kranjska Gora	410,00€	700,00 €	900,00 €	
Vienna	Kranjska Gora	700,00 €	1.450,00€	1.800,00 €	
München	Kranjska Gora	700,00 €	1.450,00€	1.800,00 €	

^{*}Prices are subject to change in case of oversized luggage



6.2. PARKING

LOC organize free parking at the venue. Parking cards need to be changed on daily basis in SJ and CC Competition Office.

6.3. BUS SHUTTLES

Bus shuttles will be available every hour from Hotel Špik (Gozd Martuljek) to Planica and back.

Please note that the route from Gozd Martuljek to Planica takes 20 minutes.

Schedule: 8:00 - 20:00

The exact timetable will be available at the official Hotels.

Bus stops:

- 1. Hotel Špik (Jezerci 21, 4282 Gozd Martuljek)
- 2. Bus Station next to Hotel Rute (Zgornje Rute 48, 4282 Gozd Martuljek)
- 3. Hotel Kranjska Gora (Vršiška cesta 38, 4280 Kranjska Gora
- 4. Hotel Ramada, bus station (opposite of Šport Bernik) (Borovška cesta 93, 4280 Kranjska Gora)
- 5. Hotel Kompas (Borovška cesta 100, 4280 Kranjska Gora)
- 6. Bus station Podkoren
- 7. Planica











7. WAXING ROOMS

The Competition Office will provide the exact location and keys. Deposit for keys is 50 EUR and will be collected at the Competition Office. The waxing rooms for Cross-Country and Nordic Combined (CC) are located in containers next to the outrun of the Ski Flying Hill. The waxing rooms and wardrobe for Ski Jumping (SJ and NC) is located at the athletes village at the Ski Jumping stadium.

Distribution of keys:

- Cross-Country and Nordic Combined (Cross-Country), from Saturday, 3rd February 2024
- Ski Jumping and Nordic Combined, from 4th February 2024



CROSS-COUNTRY, NORDIC COMBINED (CC)



SKI JUMPING, NORDIC COMBINED (SJ)



8. RADIOS

The Organizing Committee coordinates all frequency control on the equipment. All the radio devices must be registered. The ones used for the event by the teams, will be picked up by team member at Frequency check.



Frequency check:

4.2.2024, 9:00 – 11:00 Cross-country (Cross-Country Competition Office)
5.2.2024, 8:30 – 11:00 Ski Jumping Women (Ski jumping Competition Office)
5.2.2024, 18:00 – 20:00 Ski Jumping Men, Nordic Combined Men, Women (Ski jumping Competition Office)

It is not allowed to set up and use private Wi-Fi networks or similar and/or other devices operating in the 2.4. and 5 GHz frequency bands within the venue in Planica

9. TV BRIEFING

Only for Cross-country skiing.

Sunday, 4th February 2024 at 15:30

Location: Conference room, -3 level

10. ANTIDOPING

Anti-Doping Controls may occur anytime, after the competition as well as at out-of-competition. If a racer is notified to doping control, the athlete needs to proceed to the control station without delay after having finished event related obligations (ceremony, media) as well as health care it required. The doping control station is located in the stadium building, lower floors (level -3).

Please be reminded that a racer notified for doping control needs to identify himself/herself through a personal ID (passport, drivers license; a picture of it through a screen shot on phone is also accepted). For questions in relation to doping controls, please contact the FIS through antidoping@fisski.com.

11. MEDAL CEREMONIES

The medal ceremonies will be held 15 after each competition for the top 6 athletes and 3 best teams. Locations:

- Ski Jumping stadium (Ski Jumping)
- Cross Country stadium (Cross Country and Nordic Combined)

MEDAL CEREMONIES TIMETABLE

5.2.2024	6.2.2024	7.2.2024	8.2.2024	9.2.2024	10.2.2024	11.2.2024
CC M Sprint F Junior CC W Sprint F Junior	CC M Sprint F U23 CC W Sprint F U23	CC M 20 km Mass start F Junior CC W 20 km Mass start F Junior NC Mixed Team HS 102/2x5km, 2x2,5km) SJ W HS 102	CC M 20 km Mass start F U23 CC W 20 km Mass start F U23 SJ M HS 102	CC M 10 km C Junior CC W 10 km C Junior NC W Ind. Gund. 5km NC M Ind. Gund. 10 km SJ W Team Comp.	CC M 10 km C U23 CC W 10 km C U23 NC W Team Sprint SJ M Team Comp.	CC Mixed Relay Junior CC Mixed Relay U23 NC M Team Sprint SJ Mixed Comp.



11.1. CEREMONIES

The Opening Ceremony will take place in Kranjska Gora (stage in front of Hotel Kompas) on Sunday, 4th February 2024 at 18:00.

The Closing Ceremony will take place at the venue, immediately after the last Ski Jumping event on Sunday, **February 11, 2024.**

11.1.1. OPENING CEREMONY INFORMATION

The location of the event is in the center of Kranjska Gora. If you are coming from the KOMPAS hotel, turn left and follow the markings that will lead you to the Winners' Square. If you are coming from the RAMADA hotel, follow the main street towards Planica, where you will see the big event stage on your right. Here, as part of the national team, you will have a place where you and other country representatives will watch the opening of the championship together in a sporting spirit.

Your representatives (1) or flag bearers (1) are welcome backstage, where our representatives will explain the process of presenting the participating member states.

The meeting point for the flag bearers is at the entrance of Hotel Kompas at 17.45.

All the other team members are welcome in the event area at the Winners' Square.

Ceremony coordinator: manca.kovacic@gmail.com, 00 386 31 474 350



12. LIVE STREAM

All competitions will be live streamed on the FIS Youtube channel, https://www.youtube.com/c/fis.



13. ATHLETES CONFERENCES

SNOWMORROW – a FIS Climate Impact Innovation Forum for young athletes will be held on **Tuesday**, **6**th **February 2024 from 17:00 to 19:00** in the conference room in -3 level of the round building in Planica.

Clean sport education activities will be held on 8th February 2024 at 18:00 and on 9th February 2024 at 18:00 in the conference room in -3 level of the round building in Planica.

14. MEDICAL SERVICES

HOSPITALS AND EMERGENCY SERVICES

Patients depending on their conditions, will be transported to the following hospitals.

1. Jesenice General Hospital (24 km)

Cesta maršala Tita 112 4270 Jesenice + 386 4 586 80 00

2. University Medical Centre Ljubljana (77 km)

Zaloška cesta 2 1000 Ljubljana + 386 1 522 50 50

MEDICAL CENTRES

Medical Centre Kranjska Gora (4,6 km)

Koroška ulica 2 4280 Kranjska Gora + 386 4 588 46 00

Medical Centre Jesenice (25 km)

Cesta maršala Tita 78 4270 Jesenice

PHARMACIES

Pharmacy Kranjska Gora (4,7 km)

Koroška ulica 1 4280 Kranjska Gora

Pharmacy Jesenice (26 km)

Cesta Maršala Tita 18 4270 Jesenice

INSURANCE

All athletes and team officials have to be insured by their own NSA. All participants have to be coveredby an adequate insurance policy for medical costs, accidents, injury, illness and civil liability. The organizer is not responsible for covering their own health care costs, including in cases of emergency.



15. SOCIAL MEDIA CONTENT

FOLLOW US ON OUR MAIN CHANNELS:

Website: www.planica2023.si

Facebook: www.facebook.com/planicanordic/

Instagram: www.instagram.com/planicanordic/

Twitter: www.twitter.com/PlanicaNordic

Tiktok: //www.tiktok.com/@planicanordic

Youtube: www.youtube.com/@PlanicaNordic

Don't forget to use our official hashtag: #planica2024

To live the event to the full and make an impact together, we kindly invite you to tag @planicanordic and share with us your good vibes, images and emotions.

16. USEFUL NUMBERS AND STATIONS

Telephone country code: + 386

Unique European Emergency number: 112

Police: 113

Fire Department: 112

20.1. POLICE

Police station Kranjska Gora Borovška cesta 100a 4280 Kranjska Gora

20.2. FIRE STATION

Fire station Rateče-Planica Rateče 83 4283 Rateče Planica